Free Time Options

### Craft Open House | 1:30 - 5:00 | Fireside Room

Does using your hands to create things bring life to your soul? If so, drop in at the unstaffed craft room throughout free time in the Fireside Room. A variety of materials are available to help you get creative or bring your own!

#### Massage Appointments\* | 12:45 - 6:00

Sign up for a 30 minute appointment with one of our three massage therapists. Appointments are limited and will be available first come first serve. Massages are \$45 and are payable directly to our massage therapists with cash, check, or Venmo. Locations will be announced.

# Pickleball | 1:30 - 5 | Sports Courts

If you love pickleball, come hang out at the sports courts for some fun pick-up games. If you've never played, we will have a staff member facilitating for the first hour. The court will be open during the entire free time for your enjoyment.

## Sourdough Workshop\* | 1:30 - 3:00 | 3:30 - 5:00 | The Den

Learn the basics of sourdough baking with Angie Eberhardt in the Den. You will engage in hands-on learning at the various stages of the sourdough process and will even go home with a mini loaf!

# Prayer Walk | 1:30 - 2:30 | Front Pad

Meet Christina at the front pad of the Dining Hall to take a prayer walk around our grounds! This trail includes slight elevation gain and uneven terrain; good walking shoes and water are recommended.

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# Aerial Adventure\* | 1:15 - 2:15 | 2:15 - 3:15 | Sports Courts Shelter

Challenge yourself physically and mentally on the high ropes course! You will go through ground school, choose your own adventure, and zip off when you're done! Participants must weigh between 60-250 pounds and wear closed toe shoes.

### Watercolor Workshop\* | 3:00-5:00 | Lakeview

Join local artist and outdoor enthusiast, Shirley Spencer, as she leads a watercolor workshop while inspiring and educating about the natural world. Supplies will be provided.

## Irish Road Bowling | 3:30 - 5:30 | Cedar Lodge

You'll be "over the moon" if you play this Irish sport in which competitors attempt to take the fewest throws to propel a metal ball along the very hilly Calvin Crest Road. Individuals or teams can meet at Cedar Lodge to walk to the starting line.

### Calvin Crest Store | 4:30 - 5:30 | The Office

Shop our store for high-quality apparel, drink ware, and gear. Or shop online (calvincrest.shoplightspeed.com) and pick up your order in the store. The store will also be open following our final session on Sunday.

### What's Happening at CC? | 5:00 - 5:45 | The Den

Do you want to know what projects we're working on here at Camp or where we are headed in the future? Join Tiffany, our Executive Director, in the Fireside Room to learn about the exciting growth and innovation happening at Camp!

\*Limited spots are available and require advanced sign-ups with additional instructions.